



ReSPECT and CYPACP – The opportunity

Dr Susie Lapwood

Head of Research and Professional Development, Senior Specialty Doctor

Helen and Douglas House

slapwood@helenanddouglas.org.uk

2.08.17

Outline



Child and
Young Person's
Advance Care Plan
Collaborative

ReSPECT

Recommended Summary Plan for
Emergency Care and Treatment

- Background – mine and yours
- ReSPECT as an opportunity
- ReSPECT and CYPACP together – more opportunities
- Where next?

Background

- Yours?
- Mine
- CYPACP

... and then came ReSPECT ...



ReSPECT – an opportunity

- **Process**, not just a form
 - embraces good practice, systems, resources
 - guides the conversation
 - patient preference, information, and clinical judgement
 - continuum, not binary
 - Form an excellent summary
- **Could be universal**
 - All age, all settings, all geographical areas
 - Opportunities for collaboration and integration
 - Recognisable, familiar (safer?)
 - To help communicate wishes and preferences, guide decisions
- **Timely** – it's happening now. We're invited. Let's join in!

The Form – Key features in 4 boxes...

Clinical information

Personal preferences to guide plan:

How would you balance priorities for your care?

- Prioritise sustaining life, or prioritise comfort? Graded
- Considering this, what is important to you?

Clinical recommendations for emergency care

- Focus on life sustaining treatment or focus on symptom control?
- Provide clinical guidance on specific interventions

Resuscitation: 3 options:

- CPR attempts recommended, For modified CPR (child only, detail in previous box), CPR NOT recommended

ReSPECT Recommended Summary Plan for Emergency Care and Treatment for: Preferred name

1. Personal details

Full name Date of birth Date completed

NHS/CHW health and care number Address

2. Summary of relevant information for this plan (see also section 6)

Including diagnosis, communication needs (e.g. interpreter, communication aids) and any other relevant information and recommendations recorded

Details of other relevant planning documents and where to find them (e.g. Advance Decision to Refuse Treatment, Advance Care Plan). Also include known wishes about organ donation.

3. Personal preferences to guide this plan (when the person has capacity)

How would you balance the priorities for your care (you may mark along the scale, if you wish):

Prioritise sustaining life, even at the expense of some comfort Prioritise comfort, even at the expense of sustaining life

Considering the above priorities, what is most important to you is (optional):

4. Clinical recommendations for emergency care and treatment

Focus on life-sustaining treatment as per guidance below clinician signature Focus on symptom control as per guidance below clinician signature

Now provide clinical guidance on specific interventions that may or may not be wanted or clinically appropriate, including being taken or admitted to hospital +/- receiving life support:

CPR attempts recommended Adult or child clinician signature For modified CPR Child only, as detailed above clinician signature CPR attempts NOT recommended Adult or child clinician signature

ReSPECT and CYPACP – better together?

- Opportunity to work together to tweak CYPACP if needed
- 2 recognisable summary forms in one
- Sum better than its parts
- Help with smoother transition
- If integrated, could help colleagues work with ReSPECT as part of the broader CYPACP process and form.



What might need to happen?

- **Process:**
 - integrate and collaborate nationally and locally to plan,
 - educate and implement
- **Form:**
 - make small tweaks quickly to be ready?
 - ReSPECT pages at back, replacing resuscitation page –
can act as summary and/or foundation for CYPACP
 - lose 1 notes page
 - make provision for education
 - minor textual changes



Seize the opportunity!



Child and
Young Person's
Advance Care Plan
Collaborative

ReSPECT

Recommended Summary Plan for
Emergency Care and Treatment



Questions?

